

# New Programs at the Alliance

If you have one or more health conditions you may benefit from our Case and Disease Management Programs.



## Case Management

Our Case Management Program will work with you and your doctor to improve your health. This program is designed for members who are dealing with complex health problems. This is a **FREE** service. Please note that you may opt out of this program at any time. You may file a complaint against the program by calling (510) 747-4567.

### Who is Eligible

- Members of Alameda Alliance for Health
- Members with several health problems

### How to Enroll

- Your doctor may refer you to the program.
- The Alliance may contact you to see if you would like to enroll.
- You may call the phone number below.

### Call Us Today To Learn More

1-877-251-9612  
CRS/TTY: 711 or 1-800-735-2929  
Monday – Friday, 8 a.m. – 5 p.m.

## Disease Management

Our Disease Management Program is offered to Alliance members – children with asthma or adults with diabetes. It will support you and your doctor's treatment. This is a **FREE** service. Please note that you may opt out of this program at any time. You may file a complaint against the program by calling (510) 747-4567.

### Who is Eligible

- Members of Alameda Alliance for Health
- Diagnosis of asthma in a child (5 – 11 years of age)
- Diagnosis of diabetes in an adult (over 18 years of age)

### How to Enroll

- Your doctor may refer you to the program.
- The Alliance may contact you to see if you would like to enroll.
- You can self-refer by sending us an email message by going to [www.alamedaalliance.org](http://www.alamedaalliance.org) and clicking in the "Member Login" (you will be required to log-in) or call us to enroll at the number below.

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**Alliance**  
FOR HEALTH