



ASTHMA CARE

What Happens during an Asthma Attack?

Asthma is a disease of the lungs. During an asthma attack the airways in the lungs become inflamed. Then, nearby cells release chemicals. This causes airways to react as follows:

- The lining of the airways becomes more inflamed and swollen.
- The mucous glands along the airways produce more mucus (like phlegm).
- The muscle around the airways tightens.

ALAMEDA
Alliance
 FOR HEALTH

Health care you can count on.
 Service you can trust.

