



Important Update: Dyadic Behavioral Health (DBH) Benefit Information

Alameda Alliance for Health (Alliance) values our dedicated provider partner community. We have an important update on the dyadic behavioral health (DBH) benefit for Alliance Medi-Cal members.

Overview

The DBH benefit is designed to support comprehensive models of dyadic care, such as Healthy Steps and Dulce, in pediatric clinic settings to identify and address caregiver and family risk factors.

The following mental health providers who work within a clinic setting and offer primary care provider (PCP) services, such as family practice providers, pediatricians, and any PCP treating members under the age of 21, can provide and bill these for services:

- Licensed Clinical Social Workers
- Licensed Professional Clinical Counselors
- Licensed Marriage and Family Therapists
- Licensed Psychologists
- Psychiatric Physician Assistants
- Psychiatric Nurse Practitioners
- Psychiatrists
- Associate Marriage and Family Therapists, Associate Professional Clinical Counselors, Associate Clinical Social Workers, and Psychology Assistants may render services under a supervising clinician.
- Appropriately trained nonclinical staff, including Community Health Workers (CHW), are not precluded from screening members for issues related to Social Determinants of Health (SDOH) or performing other nonclinical support tasks as a component of the DBH visit if the screening is not billed separately. The CHW must be enrolled with the Alliance. For more information, please refer to the Alliance CHW notice and Supervising Provider Attestation Form on the Alliance website at www.alamedaalliance.org/wp-content/uploads/Provider-Alert-and-Attestation-Form_CHW-Services_11032022.pdf.

Billing Requirements

Prior authorization is not required for dyadic services. These services will be reimbursed at the established contracted rates. Dyadic services are delivered in an outpatient clinical setting. There are applicable billing codes for both recipients ages 0-20 and their caregivers. Dyadic services must be billed with the U1 modifier and the appropriate place of service. Dyadic services are billed to the child's Medi-Cal ID, including those services provided to caregivers.

Member Eligibility

Children under age 21 who are eligible through the Medi-Cal program and their parent(s)/caregiver(s) are eligible for DBH well-child visits when delivered according to the Bright Futures/American Academy of Pediatrics periodicity schedule for behavioral/social/emotional screening assessment, and when medically necessary, in accordance with Medi-Cal's Early and Periodic Screening, Diagnostic and Treatment (EPSDT) standards.

For more information please refer to:

DHCS All Plan Letter 22-029 for DYADIC SERVICES AND FAMILY THERAPY BENEFIT:

www.dhcs.ca.gov/formsandpubs/Documents/MMCDAPLsandPolicyLetters/APL2022/APL22-029.pdf

Non-Specialty Mental Health Services: Psychiatric and Psychological Services:

https://mcweb.apps.prn.cammiis.medi-cal.ca.gov/assets/D84845A9-9DA6-434D-8B97-00CD24F101E7/nonspecmental.pdf?access_token=6UyVkkRRfByXTZEWIh8j8QaYyIPyP5ULO

Thank you for your continued partnership and for providing high-quality care to our members and community. Together, we are creating a safer and healthier community for all.

Questions? Please call the Alliance Provider Services Department
Monday – Friday, 7:30 am – 5 pm
Phone Number: **1.510.747.4510**
www.alamedaalliance.org