

Alameda Alliance for Health 1240 South Loop Road Alameda, CA 94502

Alliance Health Programs Phone Number: **1.510.747.4577** People with hearing and speaking impairments (CRS/TTY): **711/1.800.735.2929 livehealthy@alamedaalliance.org www.alamedaalliance.org** 

Dear Member,

At Alameda Alliance for Health (Alliance), we are here to be your partner in health.

Thank you for your interest in **CPR/First Aid** classes and programs. Listed below are no-cost options to choose from. To learn more or sign up, please call the program.

## The Loss Prevention Group

Adult, children, and infant CPR/AED classes and First Aid training classes are offered. The class includes a two (2)-year certification card. (Interpreters offered.)

524 7th St., Oakland (In-person) Adult and infant CPR/AED Class: 9 am – 12 pm First Aid Class: 1 pm – 4 pm www.lpgca.com

To sign up for a class, please call Alliance Health Programs at **1.510.747.4577**.

## Anna Griffin CPR

Learn how to respond to choking, drowning, electric shock, suffocation, and poisoning in infants and children up to age ten. (English, Spanish, and interpreters offered.)

Berkeley (Online) One-time class on a Sunday, 1 pm – 3:30 pm Phone Number: **1.510.390.7203** www.annagriffincpr.com

To find out if your class offers interpreting services, or to make a request, please call:

Alliance Member Services Department Phone Number: **1.510.747.4567** Toll-Free: **1.877.932.2738** People with hearing and speaking impairments (CRS/TTY): **711/1.800.735.2929** 

We hope these classes will help meet your health needs.

Best of Health, Alliance Health Programs Enclosed:

- Notice of Nondiscrimination
- Language Assistance Services

[Please include this statement for Alliance members with Medi-Cal Coverage: The California Department of Health Care Services (DHCS) Medi-Cal Managed Care Ombudsman can also help. You can call the Ombudsman Monday through Friday, between 8:00 a.m. and 5:00 p.m. at 1-888-452-8609.]