



**Did you  
know?**

**IN 2022, THE ALLIANCE SENT  
OVER 300 CARE BOOKS  
WITH HEALTH EDUCATION  
INFORMATION TO OUR MEMBERS.**

The Alliance member health educational material is easy to read and accessible in multiple languages. Our member communications are written at the 6th-grade reading level and available in English, Spanish, Chinese, Vietnamese, Tagalog, Arabic, and other languages, or formats by request.

You can request the Alliance Care Books listed below for your Alliance patients:

- Asthma
- Diabetes
- Eat Well Be Active (adults)
- Live Healthy 5-2-1-0 (children)
- Heart Health
- Kidney Failure
- Preventive Care
- Pregnancy



### **Health Education Program Referrals**

Can your patient benefit from a healthy lifestyle program, disease self-management class, or other type of support? The Alliance **Provider Health Education Resource Directory** lists programs available at no cost to our members. You can refer members directly or fax us the **Provider Wellness Program & Materials Request Form** to request on behalf of your patient.

Please visit [www.alamedaalliance.org/patient-health-wellness-education](http://www.alamedaalliance.org/patient-health-wellness-education) to download the **Provider Wellness Program & Materials Request Form** and **Provider Health Education Resource Directory**.

Thank you for all you do to improve the health and well-being of Alliance members and our community!

**Questions?** Please call the Alliance Provider Services Department  
Monday – Friday, 7:30 am – 5 pm | Phone Number: **1.510.747.4510**  
[www.alamedaalliance.org](http://www.alamedaalliance.org)

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**Alliance**  
FOR HEALTH

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