

Alameda Alliance for Health
FORMULARY UPDATE

Effective January 4, 2010

Alameda Alliance for Health Pharmacy & Therapeutics (P & T) Committee Decisions

The P & T Committee reviewed the efficacy, safety, cost, and utilization profiles of the following therapeutic categories at the December 10, 2009 meeting:

- Pain: Narcotic Analgesics
- Neurologics: Anticonvulsants, Alzheimer’s Disease
- Gastrointestinals: Nausea/Vomiting, Irritable Bowel Syndrome
- Dermatologicals: Topical Anti-inflammatory Drugs
- Albuterol HFA inhalers

*The P & T Committee approved the following modifications to the formulary for the Alliance’s Medi-Cal, Healthy Families, and Alliance Group Care programs:

Generic Name & Strength/Dosage Form	Brand Name	Committee Actions
CARBAMAZEPINE SR 12 HR caplets	CARBATROL	Remove from formulary; grandfathering approval for 90 days
MAGNESIUM HYDROXIDE suspension (OTC)	MILK OF MAGNESIA (OTC)	Add to Medi-Cal formulary
POLYETHYLENE GLYCOL 3350 powder packets	MIRALAX	Remove from formulary: Add pharmacy messaging to use Miralax bulk powder
ALBUTEROL HFA inhaler	PROAIR HFA	Preferred albuterol inhaler is ProAir HFA ; Ventolin HFA requires step-edit for ProAir or Proventil
TRUETRACK TEST STRIPS	TRUETRACK	Increase quantity limit to 200 per month

*Note: Drugs removed from the formulary will NOT be grandfathered for utilizing members unless noted otherwise under “Committee Actions.”